

THE BLAND DIET

Protein: Boiled boneless skinless chicken breast, lean hamburger, all white turkey breast. Meat should be boiled and rinsed under water to get off all fat.

Carbohydrate: White Pasta, white rice, white potato also boiled

The bland diet should be mixed to a ratio of 3 parts Carbohydrate to 1-part Protein.

Feeding amounts will depend on size of your pet. Please call office with questions.

Once your dog's stool has form again you can start to wean your pet back onto its regular food. This should be done slowly as to not bring back any vomiting or diarrhea. Please follow the schedule below:

When starting to wean: 3 parts bland diet mixed with 1-part regular food for 3-4 days then 2 parts bland diet mixed with 2 parts regular food for 3-4 days then 1-part bland diet mixed with 3 parts regular food for 3-4 days.

This is simply a guide please check with the office for more specific information